







Minnesota *Severe Weather Awareness Week* April 17 - 21, 2023

What is Severe Weather Awareness Week?

- Statewide information campaign to inform and refresh knowledge about severe weather threats.
- Aim is to enable citizens to be better prepared and take appropriate action when necessary.







April 17 – 21, 2023

- Each day of the week focuses on a different topic:
 - Monday Weather Alerts and Warnings
 - Tuesday Severe Storms, Lightning and Hail
 - Wednesday Floods and Flash Floods
 - **Thursday** Statewide Tornado Drill Day
 - Friday Heat Waves
- Information and topics will continue throughout spring and summer on the <u>HSEM website under</u> <u>"Weather Safety</u>"

Severe Weather Hazards Are Real

The top severe weather hazards in Minnesota are:

- Severe storms, hail and lightning
- Floods
- Tornadoes
- Extreme heat

Weather Alerts and Warnings

- Severe weather warnings are issued by the National Weather Service.
 - Know the terms and what they mean.
- Warning sirens are operated by each county.
- Personal weather alerts Many cell phone apps and local media outlets and internet sites offer free local personal weather alerting services.
- Wireless Emergency Alerts Sent by authorities to all cell phones in specific area to warn of a dangerous situation or critical information.

Topic for Monday, April 17

Types of Warnings

• WEATHER WARNING -

- A dangerous weather or event is occurring or imminent.
- Likely significant threat to life or property.
- Take protective action immediately.

• WEATHER <u>WATCH</u> -

- Weather conditions are favorable for a hazardous weather event.
- Stay alert to changing conditions.
- Make alternate plans.
- Be aware of possible shelter or evacuation routes.

• WEATHER <u>ADVISORY</u> -

- Less hazardous weather conditions or less specific locations.
- Weather may still pose significant safety risk or travel problems.
- Situations are possible that could threaten life or property.

Personal Weather Alerts

Personal and localized electronic weather alerts are available across Minnesota from weather related apps or local media outlets in a variety of formats.

- o Email
- Text messages
- Cell phones
- Computers
- Tablets
- o Social media

Sample of sources: (Check local media.)

- <u>Weather.com</u>
- <u>Accuweather.com</u>
- Emergency Email & Wireless Network
- <u>WCCO</u>
- <u>KARE11</u>
- <u>KSTP</u>
- <u>KMSP</u>
- KAAL TV
- KBJR6/Range 11
- WDAY Fargo/Moorhead
- KELO SW Minnesota

Siren Activation Information

- Counties and cities in Minnesota own and operate <u>all</u> warning sirens in their jurisdictions.
- Check with your local public safety officials to learn when and why warning sirens are sounded in your community.
- Sirens normally sound for about two to three minutes and then go silent.
- There is no such thing as an "all-clear" siren.

Severe Thunderstorms, Lightning and Hail

- Thunderstorms affect relatively small areas.
- A typical thunderstorm is 15 miles in diameter and lasts for about 30 minutes.
- Severe thunderstorms can produce large hail or have winds of at least 58 mph.
- Some wind gusts can exceed 100 mph and produce tornado-like damage.

Facts About Thunderstorms

- Warm, humid conditions are favorable for storm development.
- Storms may occur singly, in clusters or in lines.
- Storms typically produce heavy rain for a brief period.
- Ten percent of storms are severe typically including high winds and large hail.

Facts About Hail

- Hail is larger than sleet and forms in thunderstorms.
- Updrafts are strong rising currents of air within a storm that carry water droplets to a height where they freeze and become hail.
- Hail can range from pea-sized (most common) to as large as baseball-sized or more.
- Large hail stones fall faster than 100 mph and can injure or even kill people.

Facts About Lightning

- All thunderstorms produce lightning.
- A bolt of lightning can be over five miles in length.
- Lightning can strike up to 15 miles away from the center of a storm.
- Your chance of being struck by lightning once in your lifetime: 1 in 12,000. (*NWS Data*)
- "Heat" lightning doesn't exist it is flashes from a faraway storm that can't be heard.

Know the Warning Terms

• Severe Thunderstorm Watch

Weather conditions are favorable for producing severe thunderstorms. Remain alert and stay informed.

• Severe Thunderstorm Warning

Severe weather has been reported or indicated on weather radar. Seek shelter immediately.

Before Severe Storms and Lightning

- Secure outdoor objects.
- Close/shutter windows and secure outside doors.
- Consider postponing outdoor activities.
- Know where the nearest shelters are.
- Know where to get weather reports.
- Have a weather radio with battery backup.
- Check your emergency kit is it ready?

During Thunderstorms with Lightning

- The safest place to be during a thunderstorm is any normal building (with water pipes or electricity).
- Most hard top cars are safe from lightning. (It is the metal roof and metal sides that protect you, NOT the rubber tires.)
 - Convertibles, motorcycles, bicycles, fiberglass vehicles offer no protection from lightning.
 - Avoid contact with interior metal during the storm.

During Thunderstorms with Lightning

- No place outside is safe when thunderstorms are in the area.
- If you hear thunder, lightning is close enough to strike you.
- When you hear thunder, immediately move to safe shelter: a building or an enclosed, metal-topped vehicle with windows up.
- Stay in safe shelter at least 30 minutes *after* you hear the last sound of thunder.

During Thunderstorms with Lightning

If you are outside and cannot find shelter:

- Avoid tall trees, hilltops, open fields, beaches, cliffs.
- Avoid ungrounded sheds or flimsy structures especially in open areas.
- If you are in a boat get to shore and off the water as soon as possible and find shelter.
- Get to the lowest area available that is not in flood area.

Facts about Lightning

- All thunderstorms produce lightning. If you can hear thunder, you are in range of lightning.
- Lightning often strikes the same place repeatedly, especially if it's a tall, pointed, isolated object.
- Lightning can strike up to 15 miles from the center of the thunderstorm, far from the rain or storm cloud.

Floods and Flash Floods

- One of the most common natural hazards in Minnesota.
- Seasonal snowmelt floods tend to develop slowly.
- Flash floods develop quickly during heavy rains leaving little time for preparation.
- Risks are greater in low-lying areas, near existing water, behind a levee or downstream from a dam.

Know the Flood Warning Terms

• Flood or flash flood <u>watch</u>

Conditions exist for possible flooding.

• Flood <u>warning</u>

Flooding is occurring or will occur soon.

• Flash flood warning

A flash flood is occurring or will occur soon.

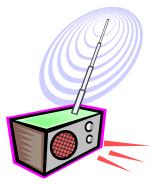
 Seek safety or higher ground immediately and avoid flooded roadways.

Before a Flood

- Buy flood insurance for your home at least 30 days ahead of flood season.
- Elevate basement furnaces, water heaters, and electric panels.
- Install check valves in sewer traps.
- Construct barriers or dikes if possible.
- Seal basement walls.
- Prepare for evacuation if necessary.
 - Have a plan and inform family and neighbors.
 - Have a "go kit" ready with valuables and important papers and enough supplies to last several days.

During a Flood - Plan

- Listen to radio or TV for information.
- Be aware of streams, drainage channels and canyons.
- Be aware of road and bridge closures; find alternate routes.
- Move immediately to high ground if flood waters are near.
- Be prepared to evacuate on short notice.



During a Flood - Prepare

- If you have to evacuate, and time permits:
 - Secure your home.
 - Bring in outdoor furniture.
 - Move essential items to an upper floor.
 - Turn off utilities.
- Plan an evacuation route and inform family and neighbors of destination.

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During a Flood – Don't Drive

- Do not walk or drive through moving water.
- Do not drive on flooded roads.
- Be aware of downed power lines.



After a Flood

- Return home only when authorities indicate it is safe.
- Use caution when entering buildings.
- Service damaged septic tanks, cesspools, pits, and leaching systems.
- Clean and disinfect damaged property.
- Have alternate sewage/toilet capacity.



Tornado Drill Day – April 20

Tornado Safety Information

- Nature's most intensely violent storm.
- Minnesota averages 40 tornadoes per year but in 2021 the state had 64 tornadoes. This includes 22 tornadoes on Dec. 15 alone!
- Tornadoes may strike quickly with little warning.
- Tornadoes can occur any time of day or night but often occur in the late afternoon or evening.

Know the Tornado Warning Terms

o Tornado watch

Weather conditions are favorable for tornadoes; remain alert for approaching storms.

• Tornado warning

A tornado has been sighted or indicated by weather radar; take shelter immediately.

Before a Tornado

During a Tornado Watch

- Be alert to changing weather conditions.
- Know your surroundings and location.
- Have a plan for severe weather.
- Have a programmed NOAA Weather Radio operating.
- Listen to radio or TV or check the internet frequently for up to date information.

During a Tornado Warning

- Find shelter immediately.
- Seek a small interior room.
- Get away from glass windows.
- Leave mobile homes or trailers.
- If outside, lie flat in a ditch or depression and cover your head.
- Do not get under an overpass or bridge.
- If in a vehicle stop and find shelter in a strong building nearby immediately.
- Watch for flying debris.



Tornado Drill Day

• Afternoon Tornado Drill: Thursday, April 20 - 1:45 p.m.

- NWS will send simulated warnings to NOAA Weather Radios.
- All counties across Minnesota sound outdoor warning sirens.
- Schools, businesses, and organizations are encouraged to conduct a tornado drill at this time to practice their own tornado sheltering plans.

• Evening Tornado Drill: Thursday, April 20 - 6:45 p.m.

- Severe weather and tornadoes occur most often between 3 8 p.m.
- Second drill allows second-shift workers and families at home to practice their sheltering plans.
- County participation is voluntary.

Tornado Drill Day – How to Participate

Prepare Your Home

- Create or update emergency plans with your entire family.
- Practice your family plan during the evening tornado drill at 6:45 p.m.
- Check emergency plans at places your family spends time, such as schools, workplaces, churches, markets, or sports facilities.
- Share the plans for these areas with your entire family.

Prepare Your Neighborhood

- Involve your neighbors. Find out who has special needs and might need help in an emergency.
- Plan with your neighborhood. Ask your Home Owners Association, your Tenants Group or Neighborhood Civic Association to make emergency preparedness an agenda item during your next meeting.
- Help neighbors get informed. Host a neighborhood preparedness meeting. Invite your local emergency manager or responders to help lead the discussions.

Tornado Drill Day – How to Participate

Prepare Your Community

- Include preparedness activities at community events.
- Host a Local Preparedness Fair.
- Create or participate in a Citizen Corps Community Emergency Response Team (CERT).

Prepare Your Workplace

- Designate critical function or emergency personnel.
- Organize an emergency preparedness procedures review.
- Host a disaster preparedness brown bag lunch for employees.
- Get a NOAA Weather Radio.
- Distribute a facility emergency plan.
- Conduct business continuity training.
- Schedule an emergency exercise or drill.

Extreme Heat

- Heat-related fatalities outpace deaths in several other weather categories.
- Based on a national average excessive heat claims 219 lives each year.
- By contrast, floods kill 88, tornadoes 57, lightning 52 and hurricanes 15.

Topic for Friday, April 21

Heat Problems

- Heat cramps are muscular pains and spasms that usually occur in the legs or abdomen caused by exposure to high heat and humidity, and loss of fluids and electrolytes.
 - Find a cool location to rest and take fluids (water or sports drinks).
- **Heat exhaustion** typically involves the loss of body fluids through heavy sweating during strenuous exercise or physical labor in high heat and humidity.
 - Signs of heat exhaustion include cool, moist, pale or flushed skin; heavy sweating; headache; nausea; dizziness; weakness; and exhaustion.
- Heat stroke (also known as sunstroke) is a life-threatening condition in which a person's temperature control system stops working and the body is unable to cool itself.
 - Signs of heat stroke include hot, red skin which may be dry or moist; changes in consciousness; vomiting; and high body temperature.
 - Heat stroke is life-threatening. Call 911 immediately!

During a Heat Wave

- Drink more fluids avoid alcohol and high-sugared drinks.
- Stay in an air-conditioned place during the hottest parts of the day.
- If air conditioning is not available, be in a location with adequate shade, air-flow and ventilation.
- Make use of public venues or cooling centers if necessary.
- Wear lightweight, light-colored, loose-fitting clothing.
- NEVER leave any person or animal in a closed, parked vehicle.

Heat Index

- The Heat Index is a measure of how hot it feels when relative humidity is added to the air temperature.
- Heat Index values are based on shady conditions with a light wind; exposure to full sunshine can increase values by up to 15 degrees.

NOAA's National Weather Service

Heat Index Temperature (°F)

		80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110
Relative Humidity (%)	40	80	81	83	85	88	91	94	97	101	105	109	114	119	124	130	136
	45	80	82	84	87	89	93	96	100	104	109	114	119	124	130	137	
	50	81	83	85	88	91	95	99	103	108	113	118	124	131	137		
	55	81	84	86	89	93	97	101	106	112	117	124	130	137			
	60	82	84	88	91	95	100	105	110	116	123	129	137				
	65	82	85	89	93	98	103	108	114	121	128	136					
	70	83	86	90	95	100	105	112	119	126	134						
	75	84	88	92	97	103	109	116	124	132		•					
	80	84	89	94	100	106	113	121	129								
	85	85	90	96	102	110	117	126	135								
	90	86	91	98	105	113	122	131									
	95	86	93	100	108	117	127										
	100	87	95	103	112	121	132										

Likelihood of Heat Disorders with Prolonged Exposure or Strenuous Activity

Caution

Extreme Caution

Danger

Extreme Danger

Know the Heat Warning Terms

• Excessive Heat Warning

Issued within 12 hours of the <u>heat index</u> reaching one of two levels. A warning will be issued if :

• The heat index is greater than 105°F for any period of time.

• Excessive Heat Watch

Issued when the <u>heat index</u> is expected to be greater than 105°F and nighttime low temperature will be at least 75°F or higher for two consecutive days.

Sources For More Information on Severe Weather and Safety

• Severe Weather Awareness Week

- Severe Storms, Lightning and Hail
- Floods and Flash Floods
- <u>Tornadoes</u>
- Alerts and Warnings
- Extreme Heat

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How to prepare for any emergency

Four simple preparedness steps:

- Have a Family Emergency Plan
- Make a Emergency Supply Kit
- <u>Stay Informed</u>
- Get Involved